

KEY CAREER MOMENTS

RACHEL

PeopleStorming

2005-2007

#COACHING #HR
#ORGANIZATIONAL
PSYCHOLOGY

She went on to study **organizational psychology & coaching** at postgraduate level. Coaching was just emerging as an industry, she started her company The Positive Coach. After several years of individual coaching & group workshops for businesses, she took the **CIPD Diploma in HR Development** specializing in **Leadership Development**.

2004-2006

#MANAGEMENT #DESIGN

After graduating top of her year with a first-class honors **degree in Management**. Rachel began her career as a **team manager at ClearChannel** Entertainment in the UK. She was instrumental in bringing service design to the theatre division. She went on to lead employee on-boarding for the company.

2013-2014

#L&D #TRAINING
#COMMUNICATION
#COLLABORATION
#CREATIVITY

Rachel spent several years serving a wide range of organizations - from American Express and Endometriosis UK, to the British Red Cross and Google. In 2012, after moving to California, she spent a year providing **training at a fast-growing tech start-up** called **Riot Games**. This led to an offer to join the team on a permanent basis

2007-2011

#IMPROVISATION
#ORGANIZATIONAL
IMPROV #TRAINING

She noticed that her hobby of **improvisational theatre** was having a lot of positive impacts on her both personally & professionally. She launched a mission to **take the skills, principles and practices of improvisation from the stage into life & work**. She created a new consultancy called **AgileImprov** to bring these skills to companies & organizations through **coaching & training**.

2018-TODAY

#COACHING #TRAINING
#FACILITATION #TECH
COMPANIES

15 years helping people & teams to be the best versions of themselves. She combines all of this knowledge, experience & passion to bring **coaching, facilitation & training to start-ups, top-tier companies** & those who wish to be a part of them through **PeopleStorming**.

2014-2018

#PROD MGMT
#LEADERSHIP #HR

The combination of entrepreneurial spirit, business experience & improvisers mindset led to a role in **Product Management for the Talent (HR) team**. Product spaces spanned **learning & development, recruiting, internal communication & the digital workplace**. Rachel was a trusted **coach & mentor**, particularly to other **women in tech**. She proudly taught at least one thousand people to **‘Yes-And’** each other.

AS A NATIVE OF THE UK, SHE BRINGS AN INTERNATIONAL PERSPECTIVE TO HER WORK AND THOROUGHLY ENJOYS A NICE CUP OF TEA.